



Jane Goodall Institute
Roots & Shoots

International Day of Peace



Resource Guide

Prayer for World Peace by Dr. Jane Goodall

We pray for social justice,
for the alleviation of the crippling poverty
that condemns millions of people around the world
to lives of misery – hungry, sick, and utterly without hope.
We pray for the children who are starving, who are condemned to
homelessness,
slave labour, and prostitution, and especially for those forced to fight,
to kill and torture even members of their own family.
We pray for the victims of violence and war,
for those wounded in body and for those wounded in mind.
We pray for the multitudes of refugees,
forced from their homes to alien places through war
or through the utter destruction of their environment.
We pray for an end to cruelty, whether to humans or other animals,
for an end to bullying, and torture in all its forms.
We pray that we may learn the peace that comes with forgiving
and the strength we gain in loving;
that we may learn to take nothing for granted in this life;
that we may learn to see and understand with our hearts;
that we may learn to rejoice in our being.
We pray for these things with humility;
we pray because of the hope that is within us,
and because of a faith in the ultimate triumph of the human spirit;
we pray because of our love for Creation,
and because of our trust in God.
We pray, above all, for peace throughout the world.



Let's Celebrate International Day of Peace Together!

Each September, Roots & Shoots groups from around the world celebrate the UN International Day of Peace. Dr. Jane Goodall (1934-2025) was appointed as a UN Messenger of Peace in 2002, and she continues to inspire us all to live in harmony with nature and each other. Each Roots & Shoots project is a step towards a future in which humans can live in peace with other animals, and with the environment we share.

This year's International Day of Peace carries extraordinary meaning for the Roots & Shoots network. Dr. Jane Goodall's lifelong commitment to peace, compassion, and hope made International Day of Peace one of the causes closest to her heart. 2026 also marks the 35th anniversary of Roots & Shoots — a milestone that calls us to celebrate the thousands of young people and community members across the globe who have dedicated themselves to making a difference for people, animals, and the environment. This campaign brings both of these moments together: a tribute to Jane's legacy, and a celebration of what the network she built has achieved.



In 2026 we're highlighting our partnership with GAIA Kids as we encourage Roots & Shoots groups to explore peace through art. The “Do One Thing (DOT) for Peace” campaign celebrates art expression through all modalities in a collective virtual Peace Art Gallery. Be sure to check out DOT for Peace and many other activities in this Resource Guide.



However you choose to celebrate International Day of Peace, we hope that you will share it with the Roots & Shoots global community and feel connected to the thousands of people across the world who are working for peace in their communities, families, and for themselves.

Send your photos and videos to: mail@rootsandshoots.global.
Follow along and share your photos on our social media:

#InvestInPeace
#rootsandshoots #peaceday #rootsandshoots35
#InternationalDayOfPeace



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International Day of Peace- September 21

In 1981, the United Nations General Assembly declared September 21 as a day devoted to strengthening the ideals of peace. It is a call to all people to stop any hostilities and to work for a peaceful coexistence.

International Day of Peace calls for a worldwide ceasefire and absolute non-violence.



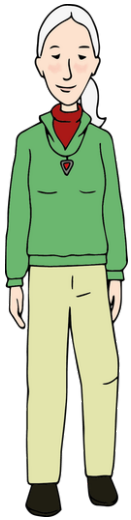
"This day shall be officially designated and celebrated as the International Day of Peace and shall be used to strengthen the idea of peace both within and among countries and people."

Dr. Jane Goodall was first appointed by Secretary General Kofi Annan as a UN Messenger of Peace April 10, 2002, honoring a remarkable career that demonstrated her "dedication to what is best in mankind." He also said, "This is a great addition to our team," paying tribute to Dr. Goodall as "someone who has always believed in sustainable development and conservation." She was reappointed by Secretary General Ban ki-Moon in June 2007.

Dr. Goodall travelled around the world, writing, speaking and spreading hope through action, encouraging each of us to "use the gift of our life to make the world a better place". As a conservationist, humanitarian and crusader for the ethical treatment of animals, she was a global force for compassion and world peace.



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With the Peace Doves, we remind everyone of the truth they sometimes forget - that peace is possible. We celebrate all that is free and noble in the human spirit. And we celebrate all that so many people have done throughout the year - and will do next year - to create a better world for all. - Dr. Jane Goodall

Why does Roots & Shoots celebrate International Day of Peace?

Dr. Goodall established Roots & Shoots International Day of Peace in 2004 in honor of the UN Day of Peace and to encourage Roots & Shoots members and other interested individuals to promote peace in their communities and around the globe. In addition to participating in community activities to share culture and break down the barriers between us, Roots & Shoots members, families and friends craft Giant Peace Dove puppets from reused materials in their neighborhoods, to symbolize their commitment to peace. Roots & Shoots Peace Day may be held on any day around 21st September each year, to allow maximum local participation.



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World Swift Day

A Roots & Shoots Peace Project example

Like migrating birds, Roots & Shoots goes beyond all geographic borders and unites people all around the world, regardless of the cultural or language differences. An example of an international peace project is World Swift Day, created by Marine Wauters and held every year on June 7.



This project brings together young people from Belgium, South Africa, Puerto Rico, Argentina, France, Tanzania, Burundi, Spain, Austria, Israel, China, Chile and many other countries who want to raise awareness about the migration of these birds. Roots and Shoots groups observe them locally, learn about them and how to protect them and share their discoveries. Swifts become “ambassadors” around the world, promoting education and peace.

World Swift Day became a symbol of peace which was reflected in the many activities around this day, including drawings, building nest boxes, organizing a "virtual migration" of swifts with messages and creating awareness through campaigns in schools and communities.



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Facilitating Discussions About Peace

Brainstorming

Write the word "peace" in large letters on the board. Ask the participants what they understand by peace and what words they associate with it. It is best to write these words directly on the board. Words like "war" can be written, but should be crossed out. During brainstorming, you can discuss both large-scale (international) peace and small-scale peace (among family, friends, community).

Find a definition for "Peace"

Ask the participants how they would define peace. You can start the definition with "Peace is when...". "What is peace?" Participants can discuss as a group, draw or write their thoughts and then discuss.

Peace discussion prompts

Discuss the meaning of peace and International Day of Peace with the students. As you do so, ask some of the following questions:

- Why is peace important?
- Why is there a need for International Day of Peace?
- What does it mean to you to be at peace with yourself?
- Where or with whom do you experience peace? (In nature? At home, with your family? When you play with your pets?) Why?
- How are the environment and animals also connected to peace?
- What leads to peace?
- What can you do yourself to keep or restore peace?



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Peace and the United Nations Sustainable Development Goals

The United Nations' 17 Sustainable Development Goals (SDGs) are intended to serve as building blocks for peace. Each Roots & Shoots project follows one or more of these goals. In small groups, participants can familiarize themselves with one of these goals and then present it to the group, along with an example of how this goal can be implemented. Next, each group should think of a question about their sustainability goal and write it down. The coordinators/mentors then collect these and test the knowledge of the group (for example with a Kahoot quiz).

Finally, reflect together about the SDGs s anything missing or something that could be improved.

Words related to peace/peace alphabet

Everyone writes down one or more words for themselves for each letter of the alphabet (except X and Y). If the brainstorming was done on the word "peace," have the participants try to find other words than those already listed on the board (can be in other languages). Alternatively, get the group to think about what languages they can say the word "peace" in? Learn the word "peace" or a short sentence about it from each other in different languages.

Or each participant can write the word "peace" vertically on a piece of paper and think of a matching word for each initial letter, like in a crossword puzzle.

Group Peace Agreement

Group Agreements are great ways to establish norms within a group. For Peace Day, consider how the group will respect and promote peace within their group and communities. Collect answers to questions like this:

How should we treat each other in this group, and our fellow human beings, animals and nature in general?

How will we handle disagreements within our group?

What does peace look like for our group?

Write them on a large poster. These resolutions should serve to keep peace inside and outside the group - both among people, with animals and the environment. Participants can decorate the poster. Post the Peace Agreement in the room/school/center.



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Making promises of peace

Ask participants to consider peace in their environment by making a peace promise to commit to. This sensitizes them to peaceful interaction in their immediate environment within a defined framework. They can reflect on and practice awareness of things that build peace in relationships and contributes to a more peaceful coexistence.

For example:

- I will tell a person every day what I like about them.
- When I'm angry, I will not raise my voice.
- I try to spend my free time not only with my friends, but perhaps also with someone who is a bit reserved and often stands alone.

What can we do for people who are affected by war?

Participants can think about how to help people who aren't living in peaceful communities. We have learned from countries experiencing war that we need to support communities affected by war however we can e.g. fundraising, advocating and education. Collect ideas in the group for how to help, write them on the board and decide which of these ideas can be implemented. Be sure to discuss strategies which increase our awareness, empathy and gratitude, as well as strategies which can bring in monetary value - or both.

Examples could include organizing benefit at a school or social center or organizing a donation drive for refugees. Things can be handmade, drawn, baked, etc. to be sold at the benefit.



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Recommended Reading for International Day of Peace

In addition to Dr. Goodall's books like Book of Hope, Reason for Hope, and Beyond Innocence, here are some more books that discuss hope, war and peace. These stories can be read aloud in a group or individually and the appropriate age ranges for the books are noted.

A Hand Full of Stars by Rafik Schami (young adult): A teenager who wants to be a journalist in a suppressed society describes to his diary his daily life in his hometown of Damascus, Syria.

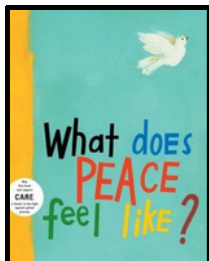
Before We Were Free by Julia Alvarez (young adult): Adolescence, perseverance, and one girl's struggle to be free while living in the Dominican Republic under the rule of a dictator.

On Love by Dr. Martin Luther King Jr. (adult): A compilation of writings on the power of love.

Practicing Peace by Pema Chödrön (adult): Promoting peace from the inside out.

The Power of Nonviolent Resistance by Mahatma Gandhi (adult): Selected writings on nonviolent activism.

These children's books have been curated by our partner GAIA Kids and can be found as free read aloud videos- the links are included.

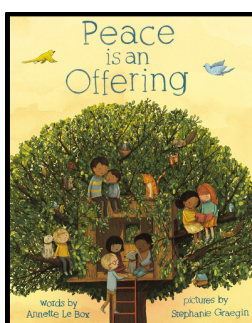
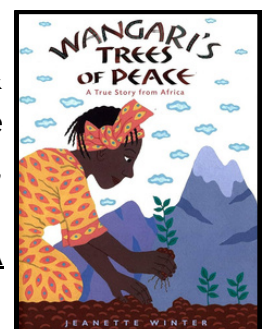


What Does Peace Feel Like: Vladimir Radunsky (author & illustrator) A collection of children's reflections on what peace feels like, sounds like, and looks like around the world, shown through simple words and expressive illustrations.

<https://www.youtube.com/watch?v=4hAQLfOHfcl>

Wangari's Trees of Peace: Jeanette Winter (author & illustrator) The true story of Wangari Maathai and how she helped restore the environment in Kenya by planting trees, showing how one person can create lasting change.

<https://www.youtube.com/watch?v=08PbLwOtZJA>



Peace Is an Offering: Annette LeBox (author), Stephanie Graegin (illustrator) A lyrical book that shows how peace can be found in everyday moments, and shared through community, kindness, and care for others.

https://www.youtube.com/watch?v=4F3wUB76_zE



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Creative Projects and Learning Resources



Photo by Liz Vogel, JGI USA



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Making Peace Doves

Peace doves are an iconic symbol of peace around the world. There are many different ways to make peace doves, depending on the time and materials available.

- Origami doves
- Doves made from recycled or natural materials
- Doves can be painted or drawn on the floor with chalk or natural materials.
- If the group is very motivated, try making a giant peace dove!

Participants can share their doves, spreading the message of peace to their families and friends. No matter how big or small, students become peace ambassadors when they make a peace dove.



Doves from Natural Materials

Spreading peace through peace doves does not necessarily have to be done with materials that are bought. Doves can be made on the ground with pieces of wood or sticks, stones, seeds, flowers, leaves, or shells- anything found in nature. The design may not result in a permanent sign of peace- a picture of the artwork can just as easily immortalize the dove and keep it flying into eternity.



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Origami Peace Doves

You can view a video of how to make an origami dove:
<https://youtu.be/ETdLPuN5DKM>

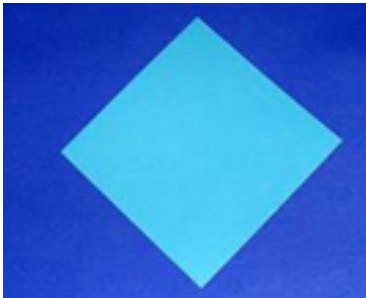
Origami doves are folded from colored paper and can have messages of peace written on them. You can hang this sign of peace in the classroom, school building, public places, or given to family and friends.



You will need:

a paper square, a needle and thread to hang.

Folding Instructions:



Place the paper in front of you so that one corner faces you.



Fold the upper corner onto the lower one.



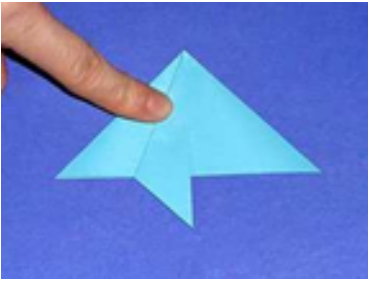
Draw the fold line (also the other fold lines) with your finger.



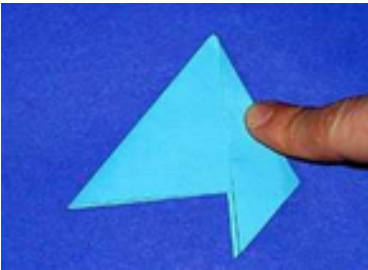
Then fold the right corner onto the left one.



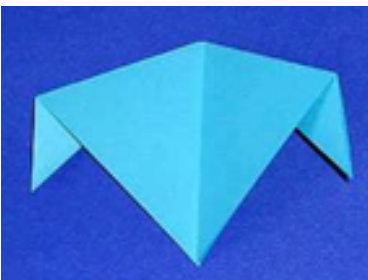
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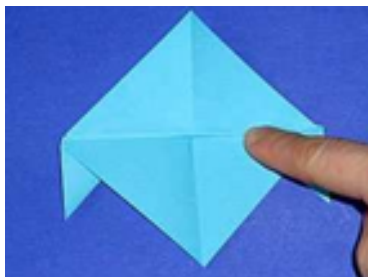
Turn the triangle so that the longest side is at the bottom.



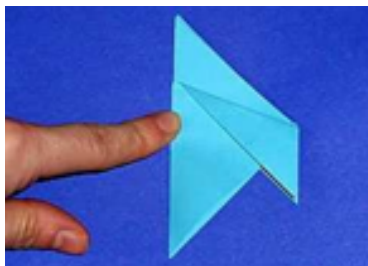
Fold the overlying left edge to the vertical center line. Turn the fold. Fold the right edge to the vertical center line.



Unfold the paper once.



Fold the overlying bottom tip up.



Then fold the left half over the right half.

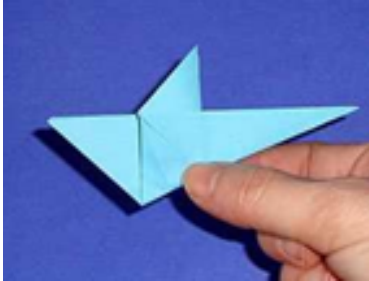


Fold the overlying right bottom edge over the left.





Turn the folded paper. Fold the left bottom edge onto the right one.



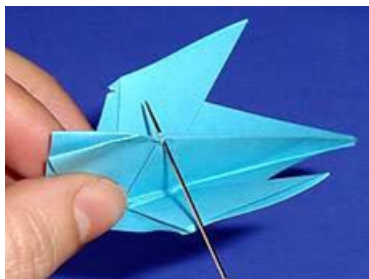
A dove can now already be seen.



Fold the left tip down at a slight angle.



Fold it back again and fold the tip inwards on the fold lines.



Finally, pull a thread through the body and hang



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Hanging Peace Doves

Peace wishes can also be in the form of doves hanging from a tree in the schoolyard, park, or from a mobile. Participants can decorate their doves and write messages of peace on their doves, or respond to prompts -

What does peace mean to you?

How do you make the world a peaceful place?

What does it take to live together peacefully?

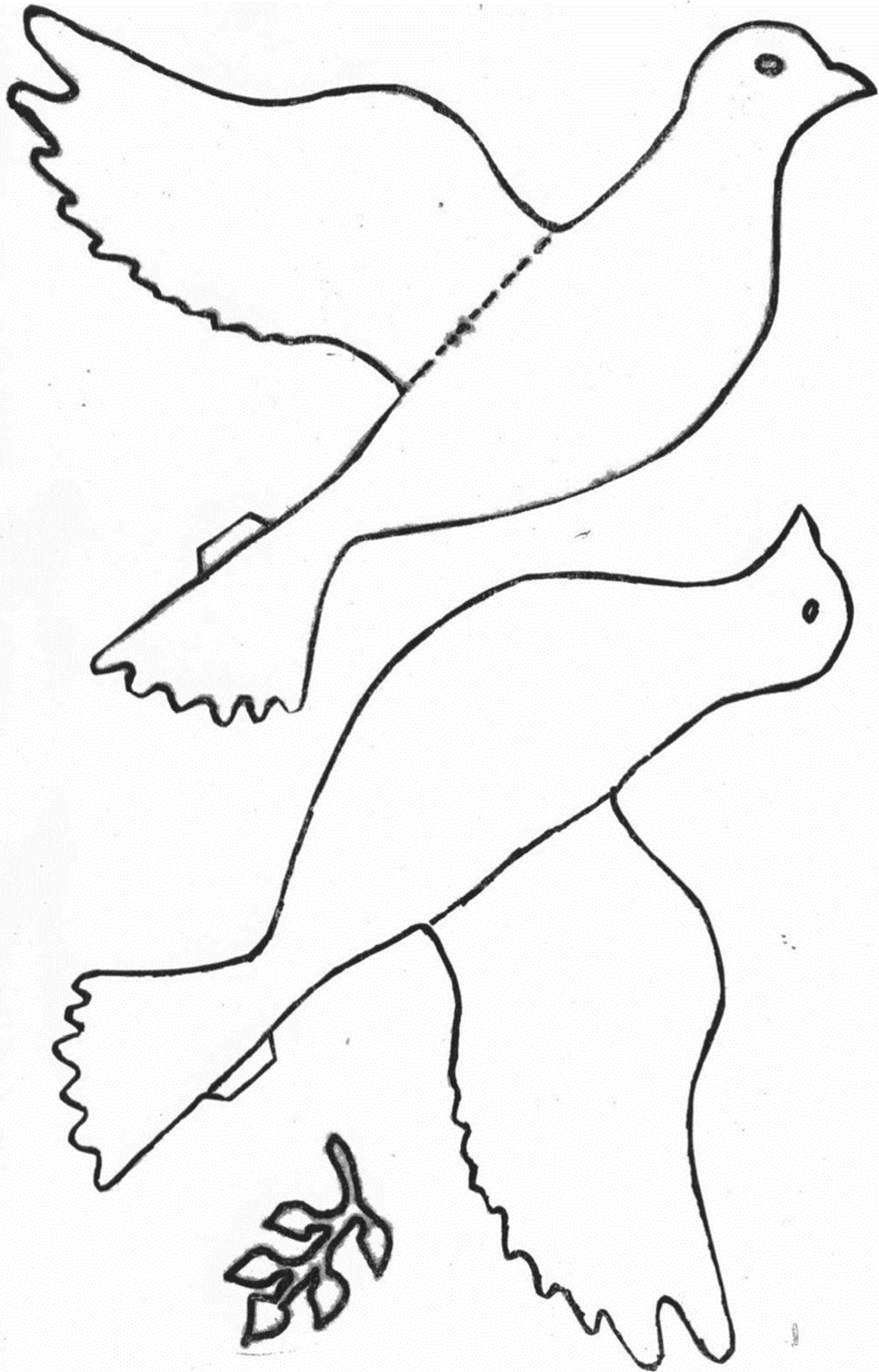
Attach the dove to a piece of string and hang on a special tree, so that the tree will be full of these beautiful messages and everyone can read the thoughts and wishes. Be careful not to damage the tree or the animals that live in it, and if hanging doves in a public space, make sure you have permission.

If there are participants with younger siblings who are still in strollers, they can make a mobile with peace doves.

A full dove template is available on the next page for you to print.



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"Upcycled" Peace Dove with Recycled Materials

Where there is consumption, there is almost always waste - packaging, leftovers, broken objects. Plastic waste is a big problem for the environment- we can reuse plastic waste to make a peace dove!

Materials needed:

- 1 0,5 l plastic bottle
- 1 wire coat hanger (do not use plastic or wooden hangers, they cannot be bent)
- 6 white plastic bags
- 4 sticks (you can use plastic tubes, bamboo pole, etc.)
- 1 pair of scissors
- 1 white tape
- 1 black felt-tip pen (waterproof)
- some white string

Building instructions:



Step 1:

Prepare the empty plastic bottle.
Remove the label and clean the inside of the bottle as well as possible.



Step 2:

Create the shape of the peace dove by attaching the wire coat hanger.

- Put the bottle on the table.
- Place the hanger at the top of the bottle so that the neck of the bottle is under the hook of the hanger.
- Attach the hanger to the belly of the bottle in the shape of an "X".
- Turn the hook so that it points downward. The hook will later become the head of the dove of peace.
- Place the bottle on the table so that the hanger is on the table.



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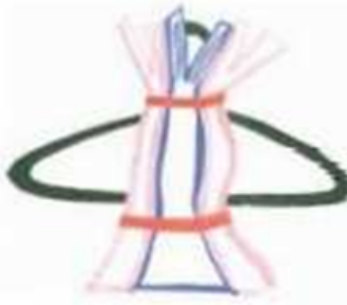


Photo courtesy of Ryan Morris/Apix

Step 3: Form the "body" of the peace dove Take a plastic bag.

Place the plastic bag on the bottle so that the loops are at the top of the bottle. Attach the plastic bag to the neck of the bottle and to the bottom of the bottle with the white tape. Caution. Leave the loops free, do not tape them down! You will need them later for the head of the peace dove. Leave the plastic bag in the middle of the bottle a little looser to form the body! Next, tape a plastic bag to each side of the bottle. The front belly of the bottle should now be covered with plastic bags.

Step 4: Attach the "wings" of the peace dove Attach plastic bags to the neck of the bottle on two sides using the white tape.

Fold the plastic bag over the hanger to cover the wings and tape the corners.

Step 5: Make the "back" of the dove of peace Turn the bottle over like this.

Attach a plastic bag to the back of the bottle as in step 3. Cover the entire back with white plastic bag.

Step 6: Shape the "head" of the peace dove Wrap the loose loops of the plastic bags around the hook of the coat hanger.

Secure the head with tape and use the tape to shape the head. Use the black felt pen to draw eyes on it.

Step 7: Make the "feathers" of your peace dove Using your scissors, cut the ends of the wings into strips. This will make the strips look like feathers!

Step 8: Let your peace dove fly!

Attach a long string to the neck of the peace dove (the ends should be the same length). Then attach another string to the tail of your dove. Wrap the two ends of the string around one stick each and fix them with tape. Now you can use the two sticks to make your peace dove fly.



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Giant Peace Dove Puppets



First created by the Roots & Shoots University Students in Wisconsin in honor of Dr. Goodall's appointment, giant Peace Dove puppets have flown in almost 100 countries in past years - in city parks, parades, gardens, convention centers, and refugee camps. Held high by young hands, the doves have spread their wings everywhere, including the Colosseum in Rome, a monastery in Mongolia, and the base of Mount Fuji. They've been floated down the river in Jackson Hole, Wyoming and even fluttered from the peak of Mount Kilimanjaro in Tanzania.

As a UN Messenger of Peace, Dr. Jane Goodall launched a worldwide campaign for the International Day of Peace, calling on young people from all ages all over the world to make giant peace doves and let them "fly" as symbols of the worldwide longing for peace.

Dr. Goodall's dream was that one day many of these peace doves will be visible around the globe on the UN International Day of Peace and that they can even be seen on satellite images.



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Building the Giant Peace Dove

You can also view a video of how to make a Giant Peace Dove:

<https://www.youtube.com/watch?v=VL5biBTUQY8> (German)

Materials needed:

- Four used sheets/blankets (from a single or double bed) needed for the body and wings of the dove. If you like to double up on the head, a fifth sheet. (Tip: If you don't have old sheets, ask in hotels, hospitals or industrial laundries).
- Two bicycle inner tubes (the soft tube inside the bicycle tire); The tubes are cut into strips and used to tie parts together. (Tip: Ask at a bike store where they also change tires and have old inner tubes left over. Or call there the day before so they'll pick up the tubes for you instead of throwing them away).
- Rabbit hutch grid fencing (chicken wire), (91 cm x 1, 83 m), to use to form the head of the dove. (Tip: If you can't get this grid from a farmer, gardener or groundskeeper, try a hardware store. However, inquire if the grid is sold by the yard).
- Black and white acrylic or latex paint for painting eyes and beak, about ½ liter per color;
- Three 10-foot poles of bamboo, aluminum, or plain wooden broomsticks. (Tip: If you don't have broom mop or tent poles, it's best to get bamboo poles from a garden center).
- A wooden rung, pole or bamboo pole about 46cm long and about 4cm in diameter.

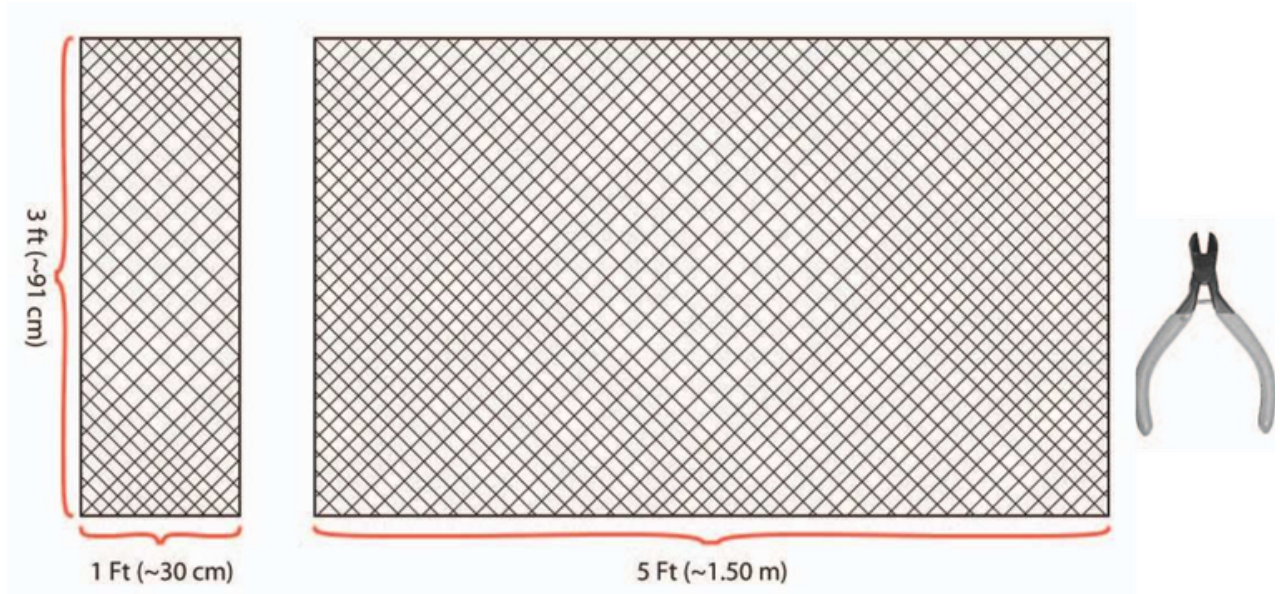
Tools:

- wire pliers
- scissors
- tape measure
- paintbrush
- needle-nose pliers
- fabric adhesive tape (gaffer tape)
- needles or safety pins
- sewing machine (for sewing the sheets together to cover the wings, body and head of the dove. You can also use a thick sewing needle and thread, or stitching pliers.

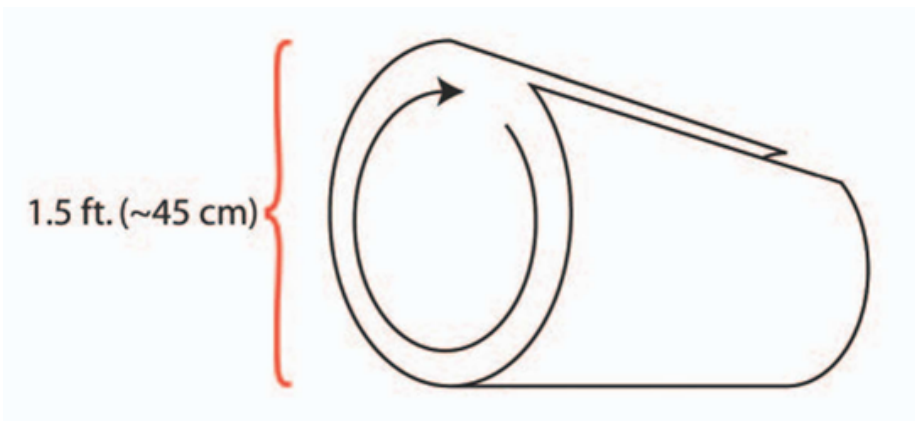


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Step 1: Cut your 6 ft. of chicken wire into a 1 ft. x 3 ft. piece and a 5 ft. x 3 ft. piece



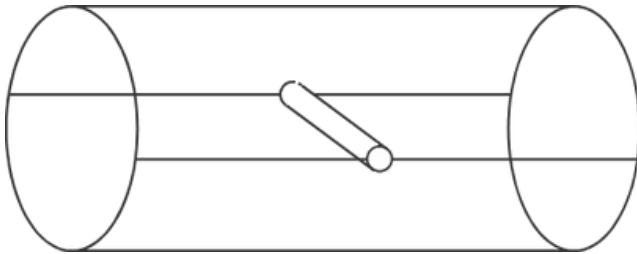
Step 2: With the larger piece, form a cylinder 1.5 ft. in diameter. Use needle-nose pliers (or your fingers) to fasten the overlapping layers to each other, twisting the loose wires together.



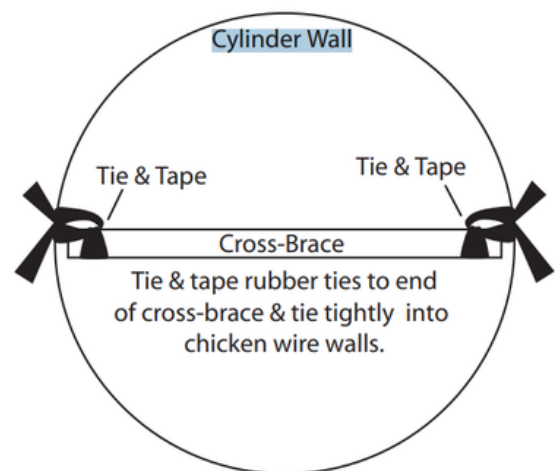
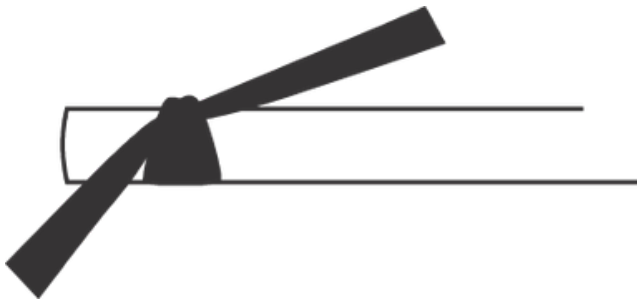
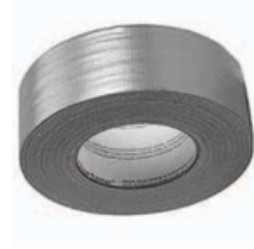
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Step 3:

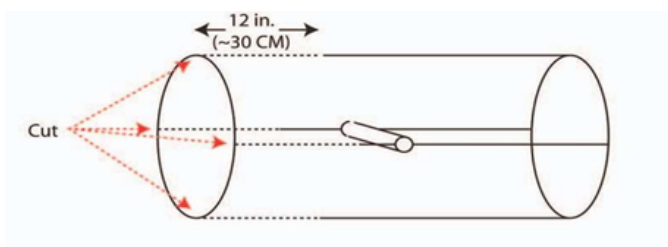
- Add a cross brace to stabilize the head. To do this, first cut the rubber bicycle inner tubes into strips about 1 in. wide.
- Tie or tape the strips to each end of your dowel or stick, as pictured.
- Insert the dowel into the chicken wire cylinder and tie each end to the wire using the rubber strips.



Place cross beam in center of cylinder

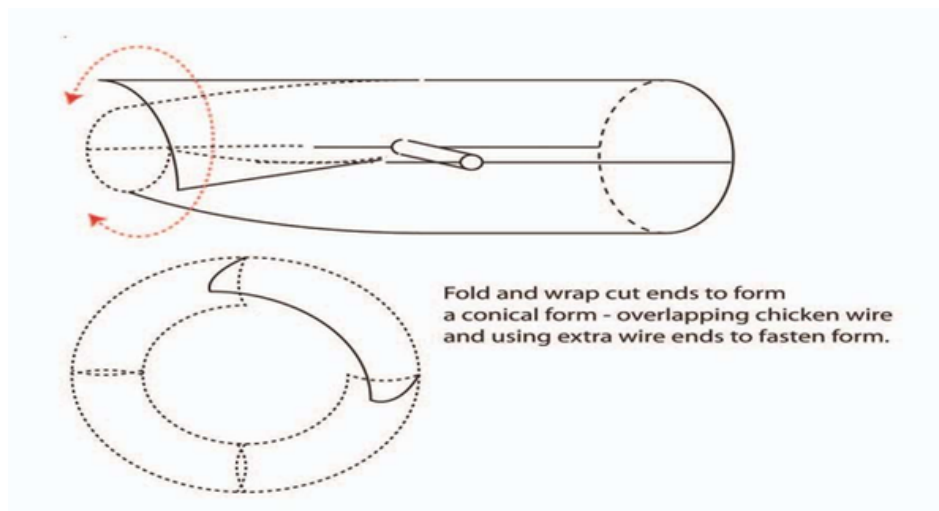


Step 4: On one end, snip cylinder at 12, 3, 6 and 9 o'clock (as shown). The incisions should be about 12 in. long.



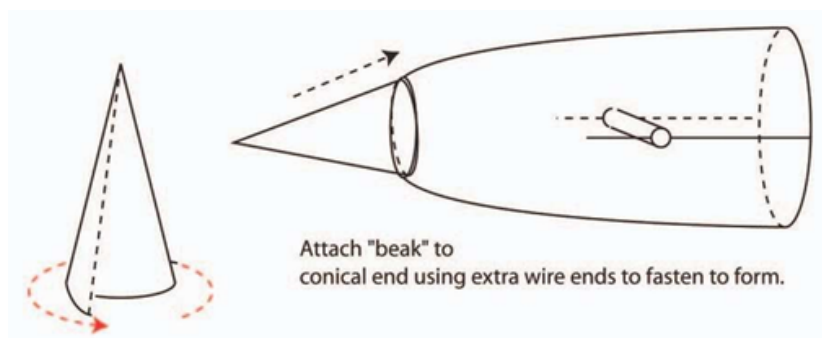
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Step 5: Fold wire into contour shown and secure by bending cut wire ends through over lapped chicken wire.



Step 6:

- From your 1 ft. x 3 ft. piece of chicken wire, cut a 1 ft. x 1.5 ft. piece of chicken wire and form it into a cone.
- Attach this cone to your head form (as a beak) using needle-nose pliers to wrap excess wire to the dove head.

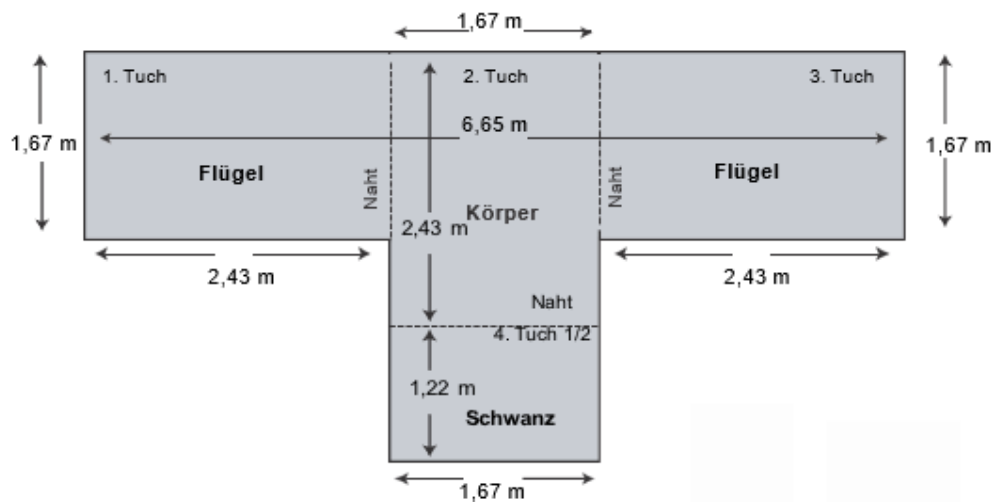


Step 7:

- Cut four sheets to size. (8 ft. x 5.5 ft.)
- Lay out three sheets as pictured to form the body and wings of the dove.
- Cut the fourth sheet in half (width-wise, not lengthwise) to form two pieces 5.5 ft. x 4 ft. Lay out one half as the tail as shown. Set the other half aside for covering the head of the dove.
- Stitch or staple, where indicated.

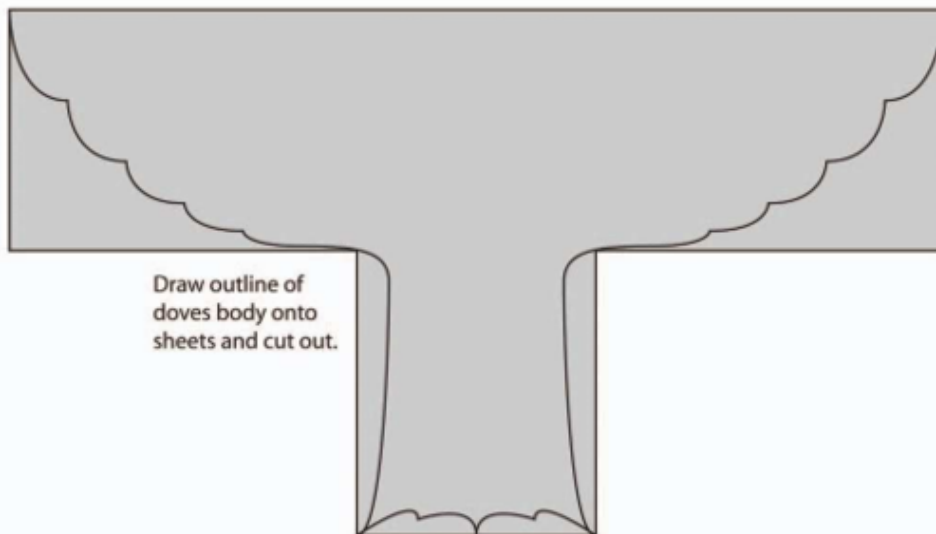


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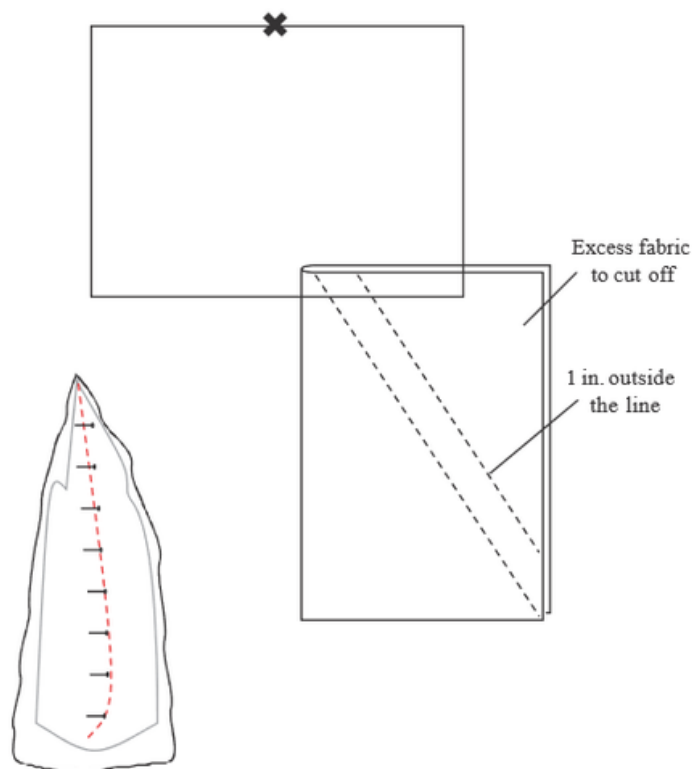
Step 8:

- Draw the bird's body on the sheets as shown. Cut out the left side of the body.
- Fold this to right side and cut the remainder of the body. Now both sides will be identical.



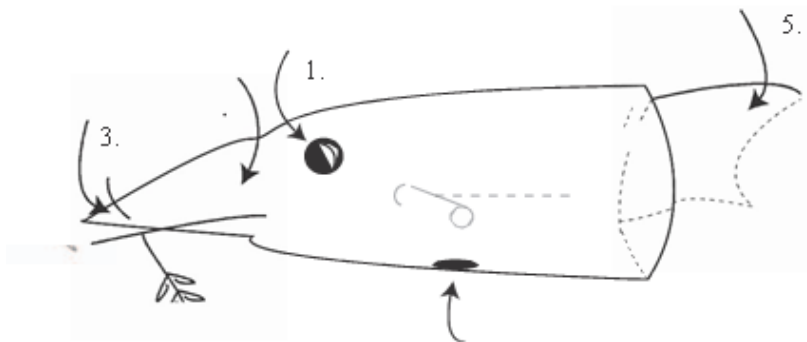
Step 9: Cover the dove head with sheets:

- Stand the chicken wire dove head with the beak up.
- Use the second half of the 5.5 ft. by 4 ft. sheet and mark the center of one of the longer sides of the sheet. Hold that point to the tip of the beak.
- Wrap the sheet around the chicken wire head. Starting at the top of the beak, use pins to hold the sheet together, pulling the sheet snug. There should be extra fabric left when you reach the base of the head. Don't cut this off—it is used later to cover the “neck” of the dove.
- Using a light pencil draw a faint line along the pin path.
- Pull the sheet off of the chicken wire. Cut off excess material, leaving about a 1 in. margin from the penciled line. Sew or staple along the line. A little loose is better than too tight.

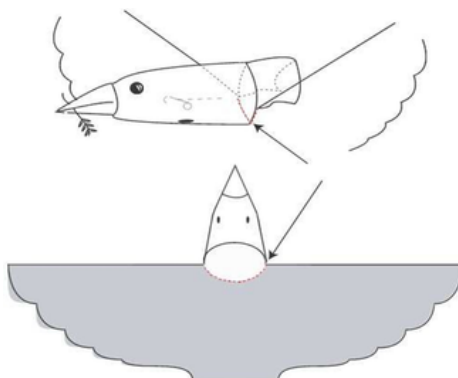


Step 10:

- Pull final seam tight and stitch or staple.
- Pull fabric sock off of head-form, turn inside out and slip back over form with seams inward.
- (Optional) Repeat the above to add a second layer of fabric for the head. This prevents the wire from showing through the sheets.
- Paint eye black, leaving a white highlight.
- Paint beak yellow.
- Add olive branch (take a stem with leaves and pierce it through your dove's beak).
- Cut a 2 in. slit in the sheets and wire for support pole that you will insert directly below the cross-brace.
- The sheet that hangs down in the neck area can be cut into a feather pattern or serrated edge.



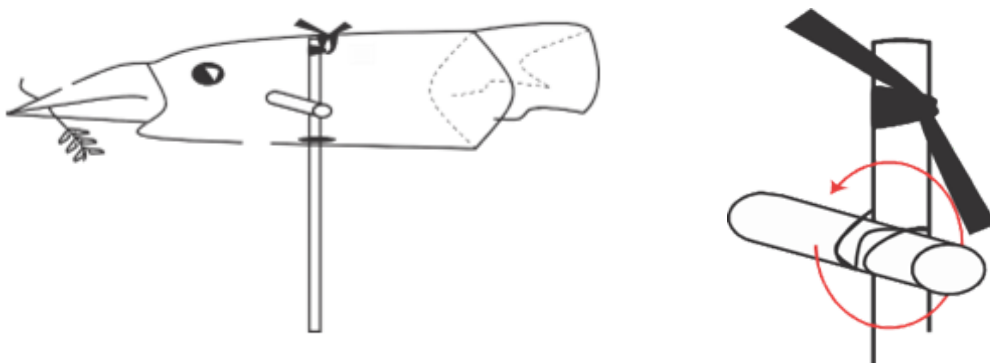
Step 11: Attach body to the bottom of the neck by stapling or stitching as shown. The top neck flap hangs on top of the body.



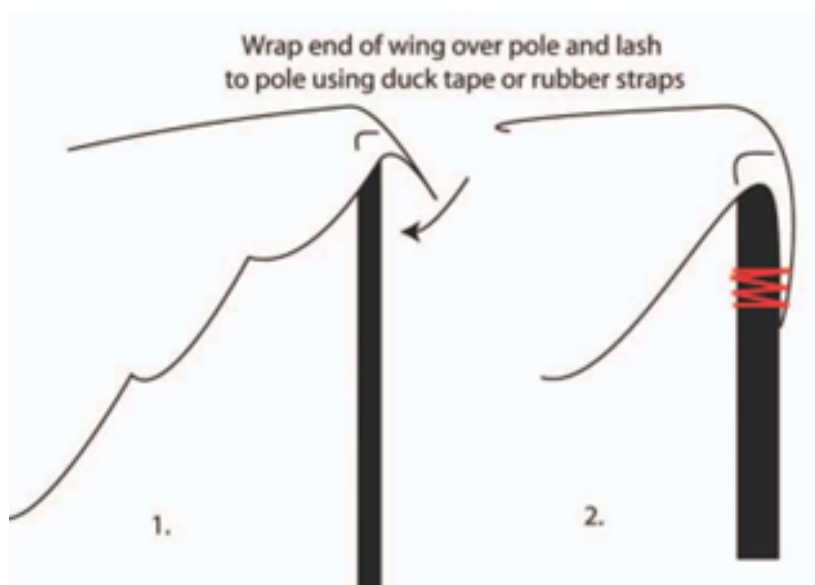
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Step 12: Attach the pole that will hold up the dove's head:

- Tie or tape a rubber inner-tube strip to the end of one of the bamboo, aluminum or broomstick poles.
- Insert the pole through the hole at the bottom of the dove's head.
- Using the rubber strip, tie the top of the pole to the chicken wire at the top of the dove's head, on the inside.
- To further stabilize the dove's head, use another rubber strip to tie the pole to the cross brace as pictured.



Step 13: Attach longer poles to wing tips with rubber ties or elastic.



Flying your Peace Dove

1. Fly the wings higher than the head to create a traditional peace dove pose.
2. Keep wings fully stretched from the head to give full wing span.
3. If wind is blowing from behind or swirling, it's best to use a fourth or fifth person to hold up the tail.



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Planting Hope- make your own recycled paper with seeds

You will need:

- Old newspapers
- A wooden frame the size you want
- Paper
- Native plant seeds
- A fly screen
- 2 pieces of cotton (you can use an old t-shirt) the size of the frame or larger
- 2 wooden plates
- Water
- A large bowl (the frame must fit inside)
- A mixer



Instructions:

- Attach the grid to the frame so that it looks like a sieve.
- Cut the old newspaper into small pieces and put them in enough water for a few minutes.
- Put the paper in the mixer and add more water. Blend it until the small pieces are no longer visible. When you are done blending, you can add some native seeds to it.
- Put all the mixture into the large bowl and insert the frame with the grid into the bowl up to the bottom.
- When the grid is covered with paper, carefully take it out. Cover it with part of the old T-shirt and put one of the wooden plates on it. Then press lightly on it and turn it all over together.
- Take away the frame, put the second part of the T-shirt on it, cover it with the second wooden plate and press lightly on it.
- Then put something heavy on it and leave it like this for a few minutes until all the water has dripped off.
- Give away the wooden plate and T-shirt piece and let everything dry completely.
- Finally, very carefully take off the second piece of the t-shirt and your recycled paper is ready! Now that you're a pro, next time you can add pressed flowers to the edge or use ink (food coloring) when you mix everything with the mixer.



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PLANTING HOPE

How to plant your homemade seed paper:

1. Write your hope for peace on the paper.
2. Soak the paper for 12 hours.
3. Then cover with 1 cm of soil
4. Don't forget to water it every day
5. The seeds will germinate in a few days. Put it near a window or outdoors, and make sure it can get enough sunlight but not directly.



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Peace Pole



What is a Peace Pole?

A Peace Pole is an international symbol and monument to peace. The pole is decorated and has the words “May Peace Prevail On Earth” in a different language on each side.

The Peace Pole Project is an initiative of The World Peace Prayer Society (<http://www.worldpeace.org>), an international non-profit organization dedicated to uniting the hearts of humanity through the universal message of peace. The Peace Pole Project transcends race, religions and politics to spread the message of peace. It is estimated there are more than 200,000 Peace Poles around the world.

You will need:

- A pole- Preferably four sided piece of wood, for example cedar (contact your local hardware store for a donated piece of wood). It is important that it is sustainable wood. Look for the straightest piece you can find, 230cm long and each side wide enough to write “May Peace Prevail On Earth”
- Acrylic paint white and black
- Sand paper- 1 piece 80 grit and 1 piece 220 grit
- Sanding block
- Cloth
- Paintbrushes- large ones to paint/decorate the pole and small one to write “May Peace Prevail On Earth”
- Shovel- to dig a hole to put your Peace Pole in
- Decorations for your Peace Pole- get creative!
- Translations- research what 4 languages you would like displayed on your Peace Pole



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Peace Cards

Design cards and send people in your community a message of peace.



Painting Stones

Paint stones and give them away as good luck charms or place them in the schoolyard or at the park, as souvenirs at a collection point. Participants can begin by drawing peace symbols they know on the blackboard. In a second step, they can think about the symbolism of these symbols and research their origin in small groups. Perhaps new symbols from other cultures will be found?



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Formation of a Peace Dove or Peace Sign



Gather participants in a large open area, wearing a white shirt or holding a white sheet. Create the shape of a dove or peace sign by arranging participants. A photo can be taken from above a window or taken with a drone.

Intercultural Peace Picnic

The enjoyment of eating together is one of the many things that unites us as humans! While eating is about fueling the body, a meal can also become a social event, such as a shared picnic. Each person should prepare their own favorite foods from their own culture at home and bring them to the picnic.

By preparing the buffet and eating together, the sense of community in the group is strengthened and at the same time awareness of the cultures represented in the group or community is raised. In addition to a happy feast, a transfer of knowledge can take place by asking the participants to tell a story about the food they brought (origin, family history, cultural significance, ingredients). This is a beautiful occasion to learn about each other's culture!

Make sure you take some photos and share them with us, we would love to try some new recipes and learn more about your culture.



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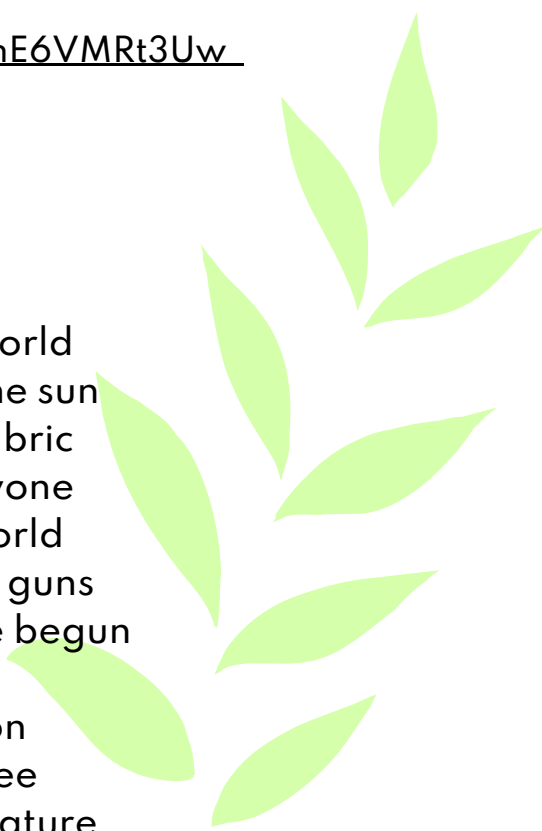
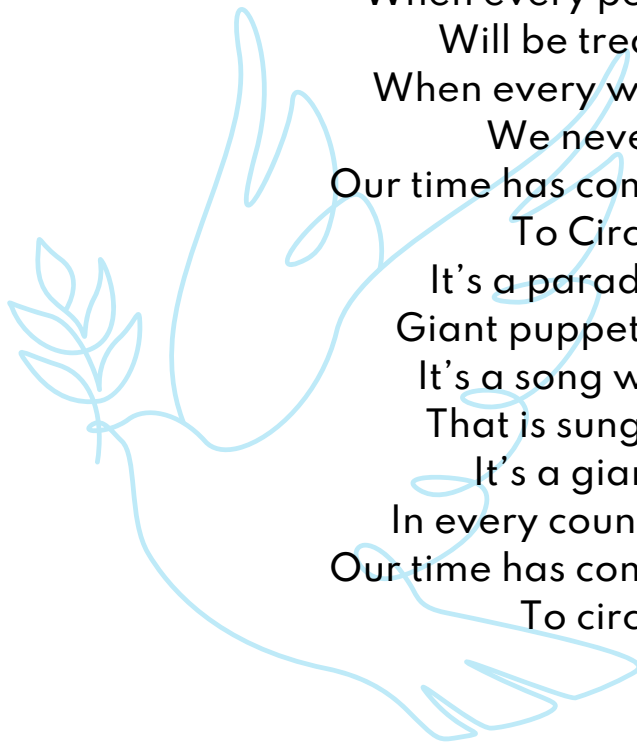
Music and Peace

Singing a song together strengthens the sense of community. Singing also lifts your mood because it releases happy hormones! Research songs about peace, like "Imagine" by John Lennon or "One Love" by Bob Marley and the Wailers. "Circle the World" was written by Dana Lyons for Jane Goodall and Roots & Shoots. Feel free to send us a video of the group singing. You can find Dana's song here:

<https://www.youtube.com/watch?v=3mE6VMRt3Uw>

CIRCLE THE WORLD

By Dana Lyons



What if we could circle the world
Flying peace doves beneath the sun
Giant twenty foot wings of fabric
That are handmade by everyone
Once a year we circle the world
Saying ain't it time to bury the guns
Our time has come and we have begun
To Circle the World
It's a dream and it's a vision
It's a prayer that we may see
When every person, every creature
Will be treated with dignity
When every war will be a memory
We never shall repeat
Our time has come and we have begun
To Circle the World
It's a parade and it's a party
Giant puppets with many drums
It's a song with many rhythms
That is sung in many tongues
It's a giant snake dance
In every country beneath the sun
Our time has come and we have begun
To circle the world



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Group Appreciations

Each participant has a piece of paper and places it around the room with their name at the top. Participants move around the room and write words and phrases of appreciation for each other on their individual papers.

Peace Tree

Draw a tree trunk on a poster. Participants can decorate the tree with peaceful thoughts and words or trace their hand for the “leaves” and write their own hope for peace. Display the peace tree in a central location.

Creative Peace Games

Challenge your group to create a "Game for Peace" themselves. The aim is to give free rein to their imagination and to become creative in the spirit of peace. Have fun! Don't forget to share your game with us!



Share your work and your ideas with us!



Roots & Shoots is a global network and we would like to hear about your activities.

Send your photos/videos to:

mail@rootsandshoots.global or share the photos on our Facebook page

#InvestInPeace

#rootsandshoots #peaceday

#rootsandshoots35

#InternationalDayOfPeace

If you do not want the photos, videos and stories to be shared on social media, please let us know when you email them.



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